TALA CA		To be completed by TAAG staff:			
	Program ID:			-	
Trial of Activity for Adolescent Girls	Form Code: <b>PIF</b>	Version: A	Series #:	Seq. #:	
	ogram/Activity/Ev cess Evaluation: Pro				
(Use this form to d	ocument TAAG Physic	al Activity Program	ms, Activities and	d Events)	
1. Name of Program/Activity/I	Event:				
2. Location:					
a. School ID(s):					
<ul> <li>b. Was the location a com</li> <li>A. Community</li> <li>B. School</li> <li>C. Both</li> </ul>	nmunity or a school s	ite? ( <i>circle <b>one</b>)</i>			
3.a. Series Start Date:/_ mm		3.b. Series Er	nd date:/_ mm	/ <b>20</b> dd yy	
4. Number of times meets pe	r week:				
<ul> <li>5. Time of day: (<i>check all tha</i> a. A Morning</li> <li>b. Lunch-time</li> <li>c. After school</li> <li>d. Other, please species</li> </ul>					
<ol> <li>According to the PPA MOF</li> <li>A. Program</li> <li>B. Activity</li> <li>C. Event</li> </ol>	P definitions (see belo	ow) would you c	lassify this as a	: (circle <b>one</b> )	
<ol> <li>Is this program, activity or A. New</li> <li>B. Existing/Modified</li> </ol>	event new or existing	J/modified? ( <i>circ</i>	le <b>one</b> ):		
8. Comments:					

## Definitions:

## PPA Program:

- 1. It meets at a minimum 3 times in a school term, preferably at least once per week for at least 3 weeks
- 2. Each session is at least 30 minutes long and focuses on MVPA
- 3. The sessions are linked in some way around a physical activity or theme
- 4. It occurs during non-class times (before school, during lunch period, after school or weekends, summer or other school breaks.
- 5. The PA is presented in a format in which it is assumed that if a student signs-up or registers, he/she plans to participate throughout the scheduled program period.
- It is working towards meeting the TAAG Standards for Quality PA Programs (This includes 50% MVPA)
- 7. Ongoing programs in the community or school without any TAAG involvement should not be counted

## PPA Activity

- 1. Sessions could be less than 30 min. in length and must focus on MVPA.
- 2. It occurs on some regular basis (typically weekly)
- 3. Students may drop in. Pre-registration is not needed
- 4. It is supervised by an adult
- 5. It occurs during non-class times (before school, during lunch period, after school or weekends, summer or other school breaks)
- 6. Ongoing activities in the community or school without any TAAG involvement should not be counted

## PPA Event

- 1. It is organized as a one-time
- 2. The event lasts at least 30 minutes
- 3. Events are not linked in any way
- 4. The event focuses on a physical activity or a physical activity theme
- 5. It occurs during non-class times (before school, during lunch period, after school or weekends, summer or other school breaks)
- 6. Ongoing events in the community or school without any TAAG involvement should not be counted